AWAKE INTUBATION: A GUIDE FOR PATIENTS



1

Discussion

 Before your operation the anaesthetist will discuss the anaesthetic plan with you and explain how and why an awake intubation will be performed



2

Preparation

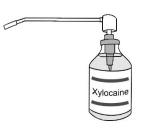
- Monitoring will be applied, to measure your blood pressure, pulse and oxygen levels
- You will be given oxygen to breath
- A "cannula" (small plastic tube) will be inserted into a vein (usually in your hand) to allow medicines to be given



3

Numbing

- Your nose, mouth and/or throat will be sprayed with some numbing spray (local anaesthetic)
- Note: your anaesthetist may give you some sedation medicine at this point – this might also help you not to cough during the procedure



4

Look

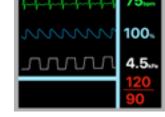
- The anaesthetist, using either a flexible bronchoscope or videolaryngoscope, will carefully look at the passage of the breathing tube
- They may need to use some more local anaesthetic to numb your nose, mouth or throat



5

Insert Breathing Tube

- The breathing tube will be inserted
- The anaesthetist will do a few important checks to confirm that the tube is in the correct place



General Anaesthetic

 You will be given the general anaesthetic medicine through the cannula in your hand and when you are unconscious, your surgery can start.



When You Wake Up

- Your throat may still be a bit numb
- You may have a mild sore throat and hoarse voice
- You should wait until the numbness has worn off before having anything to eat or a hot drink





Intubation

 Having a breathing tube put into your windpipe to make sure that you get oxygen during a general anaesthetic

Awake Intubation

 Having a breathing tube put into your windpipe using equipment with a light or camera before the anaesthetic drugs have been given

Flexible Bronchoscope

• A thin flexible tube with a light at the end. It is used for putting the breathing tube in through either your nose or your mouth

Videolaryngoscope

 A curved device with a camera on the end. The anaesthetist can see on a screen as they are putting the breathing tube into your windpipe through your mouth

Local Anaesthetic

Medication used to numb your nose and/or mouth or throat before any
equipment for intubation is used. This is either used as a spray or you will be
asked to gargle with a liquid

Cannula

 A very small thin plastic tube which is inserted into a vein. It is used to give various drugs during the general anaesthetic

General Anaesthetic Drugs

 After checking that the breathing tube is in your windpipe, you will be given the anaesthetic drugs through the cannula. Once you have the general anaesthetic and are unconscious, the surgery can then start